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TRACK AND XC

FORUMS ★ GET RECRUITED ★ TRAINING ★ RANKINGS ★ LIFESTYLE ★ REGIONS ★ PHOTOS ★ VIDEOS ★ EVENTS

01 PRIME
Pre-game fuel to start strong.

WHICH PLAYER **PRIMED** FOR THE SHOT?
Rollover a player to choose

2010 HARRIER MAGAZINE SUPER 25

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After a narrow victory at the NXN Midwest Regional, the girls of Palatine (Palatine, Ill.) charged up to US#4 in the latest Harrier Super 25
Photo By: Andy Perry

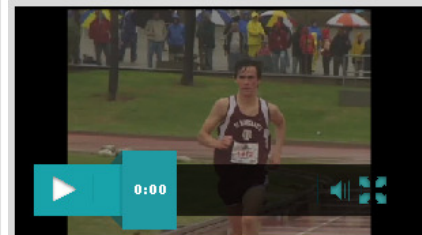
WHICH PLAYER **RECOVERED** TO MAKE THE PLAY?
Rollover a player to choose

03 RECOVER
Post-game protein recovery.

NOW PLAYING

Videos

Photos



CIF SS D5 Boys
ESPN RISE

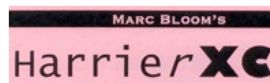


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SEASON 2010 | NOV 22 | Preseason 9/20 10/11 11/1 11/22

Harrier Boys and Girls Super 25

Marc Bloom's Top 25 US High School Cross Country Teams



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BOYS RANKINGS

1. Arcadia HS, Arcadia, CA
2. American Fork HS, American Fork, UT
3. Christian Bros Acad, Lincroft, NJ
4. North Central HS, Spokane, WA
5. York HS, Elmhurst, IL
6. Columbus North HS, Columbus, IN
7. Shaker HS, Latham, NY
8. Fort Collins HS, Fort Collins, CO
9. Davis HS, Kaysville, UT
10. Marcus HS, Flower Mound, TX
11. Dana Hills HS, Dana Point, CA
12. Trabuco Hills HS, Mission Viejo, CA
13. Lewis & Clark HS, Spokane, WA
14. Midlothian HS, Midlothian, VA
15. Carroll HS, Southlake, TX
16. The Woodlands HS, The Woodlands, TX
17. Haddonfield HS, Haddonfield, NJ
18. Albuquerque Acad, Albuquerque, NM
19. Palatine HS, Palatine, IL
20. Pembroke HS, Pembroke, MA
21. Eisenhower HS, Yakima, WA
22. Saugus HS, Saugus, CA
23. Wayzata HS, Plymouth, MN
24. El Toro HS, El Toro, CA
25. North Allegheny HS, Wexford, PA

GIRLS RANKINGS

1. Fayetteville-Manlius HS, Manlius, NY
2. Saugus HS, Saugus, CA
3. Saratoga Springs HS, Saratoga Spr, NY
4. Palatine HS, Palatine, IL
5. Carmel HS, Carmel, IN
6. Green Hope HS, Cary, NC
7. Tatnall HS, Wilmington, DE
8. Mira Costa HS, Manhattan Beach, CA
9. Schaumburg HS, Schaumburg, IL
10. Fort Collins HS, Fort Collins, CO
11. Jesuit HS, Portland, OR
12. Bozeman HS, Bozeman, MT
13. Monarch HS, Louisville, CO
14. La Costa Canyon HS, Carlsbad, CA
15. Hillsborough HS, Hillsborough, NJ
16. Great Oak HS, Temecula, CA
17. Carroll HS, Southlake, TX
18. The Woodlands HS, The Woodlands, TX
19. Eden Prairie HS, Eden Prairie, MN
20. Kingwood HS, Kingwood, TX
21. Redondo Union HS, Redondo Beach, CA
22. Xavier Prep, Phoenix, AZ
23. Voorhees HS, Glen Gardner, NJ
24. Wheaton-Warrenville So, Wheaton, IL
25. Glacier Peak HS, Snohomish, WA

UPCOMING EVENTS

- 11/27/10 **NXN New York**
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- 11/27/10 **2010 Foot Locker Finals**
[Meet's own site](#)
- 11/27/10 **2010 Foot Locker Midwest**
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- 11/27/10 **NXN Northeast**
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- 11/27/10 **NXN California**

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